



**MGM INSTITUTE OF PHYSIOTHERAPY
AURANGABAD**

Monthly lesson plan

Doc No.	DC/MGMIOP/ML P/IQAC/005
Issue No.	1
Rev. No.	1
Date	01/07/2023
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Date: 02/08/2023
Year: 1st Year BPT
Subject: Fundamentals of KSKT
For the Month of: August 2023

Sr. No	Date	Day	Topic	Staff	Time	Lectures
1.	2-08-2023	Wednesday	Starting and Derived Position (Theory)	Dr.Preeti	09-10 am	1
2.	2-08-2023	Wednesday	Starting and Derived Position (Practical)	Dr.Preeti	10-11 am	1
3.	3-08-2023	Thursday	Starting and Derived Position(Practical)	Dr.Preeti	09-10 am	1
4.	3-08-2023	Thursday	Starting and Derived Position(Practical)	Dr.Preeti	02-03 pm	1
5.	4-08-2023	Friday	Starting and Derived Position(Practical)	Dr.Preeti	09-10 am	1
6.	4-08-2023	Friday	Starting and Derived Position(Practical)	Dr.Preeti	10-11 am	1
7.	7-08-2023	Monday	Starting and Derived Position(Practical)	Dr.Preeti	09-10 am	1
8.	8-08-2023	Tuesday	Starting and Derived Position(Practical)	Dr.Preeti	09-10 am	1
9.	9-08-2023	Wednesday	Therapeutic Gymnasium(Theory)	Dr. Srilatha	09-10 am	1
10.	14-08-2023	Thursday	Therapeutic Gymnasium(Theory)	Dr. Srilatha	09-10 am	1
11.	15-08-2023	Friday	Therapeutic Gymnasium(Theory)	Dr. Srilatha	09-10 am	1
12.	16-08-2023	Monday	Therapeutic Gymnasium(Practical)	Dr. Srilatha	09-10 am	1
13.	17-08-2023	Tuesday	Therapeutic Gymnasium(Practical)	Dr. Srilatha	09-10 am	1
14.	18-08-2023	Wednesday	Therapeutic Gymnasium(Practical)	Dr. Srilatha	09-10 am	1
15.	23-08-2023	Thursday	Therapeutic Gymnasium(Practical)	Dr. Srilatha	09-10 am	1
16.	24-08-2023	Friday	Therapeutic Gymnasium(Practical)	Dr. Srilatha	09-10 am	1
17.	25-08-2023	Monday	Yoga (Theory)	Dr. Srilatha	09-10 am	1
18.	28-08-2023	Tuesday	Yoga (Theory)	Dr. Srilatha	09-10 am	1
19.	29-08-2023	Wednesday	Yoga (Theory)	Dr. Srilatha	09-10 am	1
20.	30-08-2023	Thursday	Yoga (Theory)	Dr. Srilatha	09-10 am	1
21.	31-08-2023	Friday	Yoga (Theory)	Dr. Srilatha	09-10 am	1
Allotted Lectures						
	Dr.Preeti	08	Theory : 01	Practical: 07		
	Dr. Srilatha	13	Theory: 08	Practical: 05		
	Total	21	Theory: 09	Practical: 12		

Preeti
Srilatha
SUBJECT INCHARGE



V. P. M.
PRINCIPAL
Principal
MGM Institute of Physiotherapy
Aurangabad

 MAHATMA GANDHI MISSION	MGM INSTITUTE OF PHYSIOTHERAPY AURANGABAD	Doc No.	DC/MGMIOP/MLP/IQA C/005
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Ref No: MGMIOP/CLG COUNCIL/CC/MLP/KSKT/ /2023

Batch: 2022-2023

Year: I BPTb

Subject: Fundamentals of KSKT

Date: 31/08/2023

For the Month of: September-2023

Date	Day	Topic	Mode	Staff	Time	Hours
1-09-2023	Friday	Yoga	T	Mr. Kharat	09-10 am	1
4-09-2023	Monday	Yoga	T	Mr. Kharat	09-10 am	1
4-09-2023	Monday	Assessment of Sensation & Reflexes	T	Dr. Gaurav	03-04 pm	1
5-09-2023	Tuesday	Yoga	T	Mr. Kharat	09-10 am	1
5-09-2023	Tuesday	Assessment of Sensation & Reflexes	T	Dr. Gaurav	03-04 pm	1
6-09-2023	Wednesday	Yoga	T	Mr. Kharat	09-10 am	1
6-09-2023	Wednesday	Assessment of Sensation & Reflexes	T	Dr. Gaurav	03-04 pm	1
7-09-2023	Thursday	Yoga	T	Mr. Kharat	09-10 am	1
11-09-2023	Monday	Yoga	P	Mr. Kharat	09-10 am	1
11-09-2023	Monday	Assessment of Sensation & Reflexes	T	Dr. Gaurav	03-04 pm	1
12-09-2023	Tuesday	Yoga	P	Mr. Kharat	09-10 am	1
12-09-2023	Tuesday	Assessment of Sensation & Reflexes	P	Dr. Gaurav	03-04 pm	1
13-09-2023	Wednesday	Yoga	P	Mr. Kharat	09-10 am	1
13-09-2023	Wednesday	Assessment of Sensation & Reflexes	P	Dr. Gaurav	03-04 pm	1
14-09-2023	Thursday	Yoga	P	Mr. Kharat	09-10 am	1
15-09-2023	Friday	Yoga	P	Mr. Kharat	09-10 am	1
18-09-2023	Monday	Yoga	P	Mr. Kharat	09-10 am	1
18-09-2023	Monday	Assessment of Sensation & Reflexes	P	Dr. Gaurav	03-04 pm	1
20-09-2023	Wednesday	Yoga	P	Mr. Kharat	09-10 am	1
20-09-2023	Wednesday	Assessment of Sensation & Reflexes	P	Dr. Gaurav	03-04 pm	1
21-09-2023	Thursday	Yoga	P	Mr. Kharat	09-10 am	1
22-09-2023	Friday	Yoga	P	Mr. Kharat	09-10 am	1
25-09-2023	Monday	Yoga	P	Mr. Kharat	09-10 am	1
25-09-2023	Monday	Assessment of Sensation & Reflexes	P	Dr. Gaurav	03-04 pm	1
26-09-2023	Tuesday	Yoga	P	Mr. Kharat	09-10 am	1





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Date	Day	Topic	Mode	Staff	Time	Hours
26-09-2023	Tuesday	Assessment of Sensation & Reflexes	P	Dr. Gaurav	03-04 pm	1
27-09-2023	Wednesday	Yoga	P	Mr. Kharat	09-10 am	1
27-09-2023	Wednesday	Massage	T	Dr. Srilatha	03-04 pm	1
28-09-2023	Thursday	Massage	T	Dr. Srilatha	09-10 am	1
29-09-2023	Friday	Massage	T	Dr. Srilatha	09-10 am	1

Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr. Gaurav	Assessment of Sensation & Reflexes	04	06
Dr. Kharat	Yoga	05	12
Dr. Srilatha	Massage	03	03
Total		12	21

Dr. Srilatha Girish Srilatha
Dr. Pauli Ganachari
 Subject Incharge
 2nd Year Incharge
 MGM Institute of Physiotherapy
 Aurangabad.

[Signature]
 UG coordinator

[Signature]
 Principal
 Principal
 MGM Institute of Physiotherapy
 Aurangabad





MAHATMA GANDHI MISSION

MGM INSTITUTE OF PHYSIOTHERAPY
N-6, CIDCO, AURANGABAD

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Date:29/09/2023

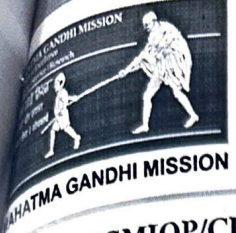
Year: First Year BPTH (Regular & ODD Batch)

Academic Year: 2023-2024

Subject: Fundamentals of Kinesiotherapy

For the Month of: October 2023

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
3-Oct-23	Tue	Massage	T	Dr Srilatha	9-10AM	1
3-Oct-23	Tue	Massage	T	Dr Srilatha	3-4PM	1
4-Oct-23	Wed	Massage	P	Dr Srilatha	9-10AM	1
4-Oct-23	Wed	Massage	P	Dr Srilatha	3-4PM	1
5-Oct-23	Thu	Massage	P	Dr Srilatha	9-10AM	1
6-Oct-23	Fri	Massage	P	Dr Srilatha	9-10AM	1
9-Oct-23	Mon	Massage	P	Dr Srilatha	9-10AM	1
9-Oct-23	Mon	Massage	P	Dr Srilatha	3-4PM	1
10-Oct-23	Tue	Massage	P	Dr Srilatha	9-10AM	1
10-Oct-23	Tue	Massage	P	Dr Srilatha	3-4PM	1
11-Oct-23	Wed	Massage	P	Dr Srilatha	9-10AM	1
11-Oct-23	Wed	Massage	P	Dr Srilatha	3-4PM	1
12-Oct-23	Thu	Massage	P	Dr Srilatha	9-10AM	1
13-Oct-23	Fri	Massage	P	Dr Srilatha	9-10AM	1
16-Oct-23	Mon	Massage	P	Dr Srilatha	9-10AM	1
16-Oct-23	Mon	Goniometry (L/L)	P	Dr Doss	3-4PM	1
17-Oct-23	Tue	Goniometry (L/L)	P	Dr Doss	9-10AM	1
17-Oct-23	Tue	Goniometry (L/L)	P	Dr Doss	3-4PM	1
18-Oct-23	Wed	Goniometry (L/L)	P	Dr Doss	9-10AM	1
18-Oct-23	Wed	Goniometry (L/L)	P	Dr Doss	3-4PM	1
19-Oct-23	Thu	Goniometry (L/L)	P	Dr Doss	9-10AM	1
20-Oct-23	Fri	Goniometry (L/L)	P	Dr Doss	9-10AM	1
23-Oct-23	Mon	Goniometry (L/L)	P	Dr Doss	9-10AM	1



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Date: 29/09/2023

Date	Day	Topic	Mode (T/P)	Staff	Time	Hrs
23-Oct-23	Mon	Goniometry (L/L)	P	Dr Doss	3-4PM	1
25-Oct-23	Wed	Goniometry (L/L)	P	Dr Doss	9-10AM	1
25-Oct-23	Wed	Revision	P	Dr Srilatha	3-4PM	1
26-Oct-23	Thu	Revision	P	Dr Preeti	3-4PM	1
27-Oct-23	Fri	Revision	P	Dr Srilatha	3-4PM	1
30-Oct-23	Mon	Revision	P	Dr Preeti	9-10AM	1
30-Oct-23	Mon	Revision	P	Dr Srilatha	3-4PM	1
31-Oct-23	Tue	Revision	P	Dr Preeti	9-10AM	1
31-Oct-23	Tue	Revision	P	Dr Srilatha	3-4PM	1

Staff Name	Topic	No of Allotted Hours	
		Theory	Practical
Dr Srilatha	Massage	02	13
Dr Doss	Goniometry (L/L)	-	10
Dr. Preeti	Revision	-	03
Dr Srilatha	Revision	-	04
Total		02	30

Dr. Srilatha
Dr. Preeti
Subject Incharge

[Signature]
UG Coordinator

[Signature]
Principal

Principal
MGM Institute of Physiotherapy
Aurangabad

